

**Harold Frost (1892-1975)**

**(MS 1005)**

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**MS1005 Frost, Harold (1892-1975)**

**Reference code**

MS 1005

**Date(s)**

1926 – 1968

**Extent**

4 volumes

**Administrative/Biographical History**

c 1906: Farmer near Colchester in Essex.  
1914-1918: Inns of court O.T.C. Gazetted to 7th Suffolks and went to the Somme, France.  
Late 1920s-1930s: Interest in psychical investigations.  
1939: Medical clerk to the Chairman of Colchester Medical Board of the Ministry of Labour.  
1941: Transferred to Ministry of Food Headquarters Office, Colwyn Bay for licensing of firms in Animal Feeding stuffs.  
1942: Transferred to Chelmsford Essex Divisional Food Office as Salvage Officer for Essex and Hertfordshire areas.  
1950: Transferred to Ministry of Supply and carried out testing at Springfield Uranium Factory, Lancashire.  
1955-1961: Moved to Dacca, East Pakistan and worked as a General Manager of Zeenat Printing Works and public relations.  
1962: Joined the Sue Ryder organisation and carried out general duties and nursing.  
1960s: Verger.  
Consists of 4 hard-bound scrapbooks with some handwritten notes and typescript notes of sittings with mediums of various circles eg. Mark's Tey circle in Essex. Some letters and press cuttings are enclosed.

**MS1005/1 Scrapbooks**

**1926-1937;  
1954; 1967-  
1968**

**MS1005/1/1 Scrapbook 1**

**1926-1932**

Sittings with A. Vout-Peters, Mrs Roberts-Johnson, Mrs Mason, Mrs Alcock, Patty MacKay, Georgie

Mackay, Mr Warren, Mr Mathews, Mrs Clements, Guy Le Strange.  
Planchette and direct voice sittings at Mark's Tey, Essex (1931). The Vandermeulen Call Apparatus was used.  
Details of a visit to Borley Rectory with Guy Le Strange, Mr and Mrs Warren, Mr Butler and Harold Frost (23 January 1932) ( p. 99)

**MS1005/1/2 Scrapbook 2**

**1932**

Sittings with various mediums from the Mark's Tey circle, 'Eaton circle', 'Elmer circle', 'Wormingford circle', 'Grange circle', 'Byers circle', 'Enfield circle', 'Perfect' circle, 'Eunice circle'. A few handwritten diary entries and some letters are also enclosed.  
Sittings with Mrs Cummings, Mr Warren, Mrs Jarmin, Mr Matthews, Miss Hazel Ridley, Mrs Plowman, Mrs Edith Balmer  
Automatic writing through Mr Warren (p. 5)  
Details of visits to and sittings at Borley Rectory (pp. 41-45)  
Automatic writing by Mrs Poole (22 November 1932) (p. 110)

**MS1005/1/3 Scrapbook 3**

**1932-1933;  
1935; 1968**

Sittings from the 'Wormingford circle', 'Eaton circle', 'Byer's circle', 'Mill house circle', 'L. of L. Lillith circle', 'Eunice circle', 'Sanctuary sitting', 'Middleton circle'. A few handwritten diary entries and some letters are enclosed.  
Sittings with Mrs Speller.

**MS1005/1/4 Scrapbook 4**

**1933-1937;  
1954; 1967**

Sittings from the 'Wormingford circle', 'Sanctuary circle', 'Deasford circle', 'Board sitting' at Tiptree, message from the 'Lucking circle', the 'Zodiac circle'.  
A few letters are enclosed.  
Handwritten notes from a sitting with Mrs Henry (1936; 1937) (pp. 217; 229)  
Some pages are loose in the volume.

